



# The Gentle Giant Guardian

http://TrinityOfHope.on.ca  
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## The View from the Board

Contributed by Sue Nawrot

My involvement with THDR began in 2001 when I offered to be a foster home for a rescued Giant breed. I had recently lost my DaneX and felt I wanted to help a dog in need, preferably a Giant breed. I had intended to foster that special dog in the hopes of adopting her and providing a much cherished forever home. However, sometimes things don't happen quite the way we plan.....

The first dog I fostered was a Saint Bernard named Cassy. As part of the foster agreement, I was not only Cassy's primary caregiver, but also her handler in an obedience class offered through Shake-a-Paw Dog Training (613-258-1366). Cassy and I both benefited from the class; Cassy perfected her loose leash walking and social skills to help her make a smooth transi-

tion from foster care to her forever home, and I learned that no matter what, patience, understanding, having a great sense of humour, and being prepared for anything when training or caring for a rescued Giant are key ingredients to a successful animal-human relationship. I had a wonderful time training and fostering Cassy, so much so that instead of adopting one dog in need, I ended up fostering two other "in need" Giants and handling a half a dozen others in obedience before becoming a Director on the THDR's Board of Directors.

Besides serving on the Board, I am also the person you are most likely to see manning our information booth at area events (dog shows, yard sales, etc.). You are invited to come say "hi", drop a few pennies

in our penny jar, talk "shop" and find out how you can be a valued member of our Giant-breed loving family.

*This issue's View from the Board was written by Sue Nawrot, Board Member, and the volunteer who heads up our Public Relations and Fundraising Programs. Next issue, we will introduce you to another Board Member.*

*Trinity of Hope's Cassandra Jo (Cassy) Adopted Sept. 15, 2001.*



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### Newfoundland breed trivia...did you know...

- US President Ulysses S. Grant was owned by a Newfoundland?
- The Newfoundland was originally developed as a companion breed?
- A Newfoundland's undercoat is as fine as or finer than cashmere and six times warmer than wool?
- Not all Newfoundlands like water.
- That Newfoundlands come in other colours besides black and Landseer? (black and white [Irish Spotted], bronze or grey)?

## Update on our latest arrivals...

*Trinity of Hope's I'sa Southern Belle (ZaZa)*



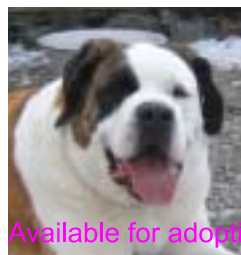
Available for adoption

*Trinity of Hope's Dark Lady (Kira)*



Adoption pending...

*Trinity of Hope's As You Like It (Rosalinde)*



Available for adoption



## Rainbow Bridge



*He seemed neither old nor young. His strength lay in his eyes. They looked as old as the hills, and as young and as wild. I never tired looking into them. John Muir*

In October, 2002, we received a call about an intact, 10.5 yr. old Saint Bernard who was too big for the house. When Shari was asked, "what on earth am I'm going to do with an intact, 10.5 yr. old Saint Bernard whose lived in a pen for 7 years?" She responded by saying, "aw, heck, he can come and live here."

As we drove home from the back of beyond with Jayke a few days later, she told him about the people who lived in each house we passed. When we turned onto the side road to the kennel, she said that everyone else knew this road as the road to \*Camp\*, but that Jayke could call it the road HOME. Within 7 hours after arriving at Camp, I received a call--Jayke was bloating, it was 10:30 p.m. When Jayke arrived at the vet clinic at 11:30 p.m. a team was waiting. For almost 19 months, he enjoyed life at Camp.

On May 1st, Jayke left this world in the arms of those who loved him best, baptized by tears. We traveled full circle with this boy--his first day in rescue began with Dr. Janice by his side, and his last day in rescue ended with Dr. Janice and the rest of his team by his side.

Until we meet again, Big Handsome.



It is with great sorrow that we also said goodbye to Trinity of Hope's Oscar Wilde on July 12th. Oscar joined Trinity of Hope's family when he was found wandering along Carling Avenue (Ottawa). Mostly blind and terribly matted, we took him in and found him a loving, forever home with one of our foster families, we could not have wished for a more loving home than the one Krista, Detlov and the girls gave him. He will be dearly missed by each whose heart he touched.

*It is not how much we do, but how much love we put in the doing. It is not how much we give, but how much love we put in the giving. Mother Teresa*

## Pennies4Paws Campaign

Trinity of Hope Dog Rescue has launched its **Pennies4Paws Campaign**. Our goal is to collect **ONE MILLION** pennies.

THDR has three programs for which the pennies are earmarked to support.

It is our hope that we will be able to establish a new program designed to raise awareness about the link between domestic violence and animal abuse.

Often, if there are family pets involved, the abuser threatens to harm the pets if the

partner leaves. Emergency care shelters do not usually accept pets. The partner does not leave, and the cycle of violence continues.

It is our dream to establish a fund to help pay the costs to board pets belonging to the victims of domestic violence until other arrangements may be made. We cannot take responsibility for the pets, but we can raise some money to help the victims in these situations. To help kick start the fund, we have earmarked fifty percent of the pennies collected to launch this initiative.

The remainder of the pennies collected will be divided equally between our general veterinary care fund and our Kelli's Pot O'Gold program.

You can help us reach this goal by donating your pennies. To do so, you may wish to drop by our booth at the OKC Community Dog Show during the Kars Fair (July 16-18) or bring them out to us during the our yard sale to be held at 5901 McCordick Road, Richmond, ON (July 24, 2004, rain date August 14, 2004) or to contact us to make arrangements for one of our volunteers to pick up your pennies.

To learn more about the link between domestic violence and animal abuse, visit: <http://www.pcrm.org/issues/Commentary/commentary0010.html>

<http://www.animalsvoice.com/PAGES/invest/randour.html>

[http://www.teamcares.org/animal\\_abuse.html](http://www.teamcares.org/animal_abuse.html)

**Reading List:**  
[Child Abuse, Domestic Violence, and Animal Abuse: Linking the Circles of Compassion for Prevention and Intervention](#), by Frank R. Ascione, Phil Arkow



## Bach Flower Remedies

Contributed by Kathleen Collins

### What are they?

A distinguished British physician by the name of Edward Bach (1886-1936) developed the first modern therapeutic system based on flower essences. When flower essences are used for healing, they use similar principles as those used for homeopathy. Dr. Bach viewed the real cause of a disease to be an in balance in the body's energy field. Dr. Bach believed that these in balances resulted in negative states that depleted the body's ability to fight dis-

ease.

Flower essences are potent, vibrational liquids that are taken internally to promote healing. Flower essences embody the specific energy pattern or vibration of the flowers used. These vibrations re-harmonize negativity or disease that may be present in the individual who takes them.

### How do they work?

Dr. Bach believed that one became ill because of the in-balance in the

body's energy field. Dr. Bach developed thirty-seven flower essences and one that is a combination of five of the flower essences, Rescue Remedy. Once the in-balance or disease is identified, e.g., fear of known things, the appropriate flower essence is selected, in this case, one would try Mimulus.

The action of the flower essence raises the vibration of the individual and opens up channels to restore the balance and harmony in the individual.

### When are flower essences used?

Flower essences can be used for virtually any condition, from bonding, to training, to transitions to new homes and situations.

### Where do I get them?

Health Food Stores, homeopaths, some veterinary clinics often carry these.

To learn more: Bach Flower Remedies for Animals by Helen Graham and Gregory Vlamis.

*Should you have any questions about Bach Flower Remedies, please contact the author at: animalifestyle@hotmail.com or 613-692-4522.*

## Upcoming Events & Fundraising Activities

**Kars Community Dog Show, Kars Fairgrounds, July 16-18, 2004.** Stop by our booth to learn more about our activities and how you can help.

**Books4Paws**—we resell used books to help support Montana's care. If you'd like to donate books to help Monty, either give us a call at 613-725-9218 or email [info@TrinityOfHope.on.ca](mailto:info@TrinityOfHope.on.ca).

**2nd Annual Traveling Yard Sale.** We are in the process of organizing our 2nd annual yard

sale. It will be held on July 24, at 5901 McCordick Road, Richmond, Ontario (rain date August 14, 2004), Now is a great time to clean your cupboards, garage, or barn to donate unwanted treasures to THDR. Contact us to make arrangements to pick up your items.

**Pennies4Paws Campaign.** Get your friends, family, co-workers to collect pennies to help us help the dogs. Bring your pennies to our booth at the dog show or drop by during the yard sale.



## Thank you!

Phillip for donating the use of his lawn during the Great Glebe Yard Sale! Lorraine, Leonard, Cathy, Alison, Nikhil, Alison, Saje, Dave, Carol, Janice, Al, Doug and Michelle, and all the others who donated items for the Traveling Yard Sale.

### Monetary donations:

Thank you for the Pennies: Boers Family McCaffrey family Rob P. for the 100 bucks! Judy G. for her financial support of \$100.

### Donations in-kind:

Dr. Andrew Sparling, veteri-

nary care.

**Dr. Janice**, veterinary care. **Pakenham Country Kennels**, 613-256-3337, boarding. **Capital Writing Services** for the newsletter.

**Storm Internet Services** for hosting our web site.

**Global Pet**, Stittsville, for helping feed Roz, ZaZa and Kira.

**Berry's**, Bells Corners and Stittsville, for helping feed Rosalinde, Kira and ZaZa.

**Shake-a-Paw Dog Training**, 613-258-1366, Kemptville, for inviting Kira to class.

## Shine a light on Trinity of Hope's As You Like it (Rosalinde)

Ms. Roz spent her first month in rescue with Mr. Orange, the cat, and Trinity of Hope's Looking for Trouble (Kiki) and Bernie, two rescued Saint Bernards living in Shomberg, Ontario. She then journeyed to Ottawa where she has been undergoing obedience training. She is crate trained, house-

broken, good with cats, and has been fine with the dogs to whom she has been introduced.

**To see pics of Roz and our other available dogs, visit:**

**[TrinityOfHope.on.ca/hopes.html](http://TrinityOfHope.on.ca/hopes.html)**



# HELP!!!

THDR is trying to transport a Saint Bernard from Ed-

monton, AB to Ottawa. We have the crate, but we don't have a flight escort. If you or a friend are traveling to Edmonton or Calgary from Ottawa (R/T), and are willing to be Sam's escort, please contact us.



<http://TrinityOfHope.on.ca>  
[info@TrinityofHope.on.ca](mailto:info@TrinityofHope.on.ca)

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"If not us, then who? If not now, then when? If not this dog, then which dog?" Anon.



We're on the web!  
[Trinityofhope.on.ca.on](http://Trinityofhope.on.ca.on)

## Trinity of Hope Dog Rescue Membership and Donation Form August 2004

### Help us help the dogs.

Please check one of the following options **A, B, or C**. Return to:  
**THDR, P.O. Box 95, Manotick, ON K4M 1A2**

A. Yes, I'd like to become a member of THDR.  
 Please send membership information to:

B. No. I do not wish to become a member at this time. Enclosed is my donation to help THDR to continue to help abandoned Saint Bernards, Newfoundlands and other dogs in need:

( ) \$20 ( ) \$50 ( ) \$100 ( ) \$ \_\_\_\_\_

Name:  
 Address:  
 Email:

Please make cheques payable to: Trinity of Hope Dog Rescue. To contribute using PayPal, please visit <http://TrinityofHope.on.ca/>

C. I'd like to help with the following activiti(ies):  
 Fundraising  Fostering  Other

Name:  
 Contact information:

## Living with the Big Guys (and Gals)...or why your family thinks you're crazy...

Contributed by Krys Prichard

In this world, there are dog people, and then there are those dog people who share their hearts and homes with Giant breeds. There are certain things about sharing one's life with a Giant breed that must be experienced first-hand to understand.

- No matter what the vacuum salesman claims, no vacuum on the market has been tested in a household owned by two or more Saint Bernards or Newfoundlands.
- Besides having webbed feet to help them swim, that same Newfoundland foot brings enough sand into one's home to have an indoor, private beach within the first year (and destroy the motor on the first vacuum since you've acquired a Newfoundland).
- You learn to wipe off your bare feet BEFORE you put on your sandals or socks.
- Coffee tables and knick-knacks are unnecessary items in a household with a Giant and are either soon broken, packed away or given to one of those dog people who has toy breeds.
- You secretly wish that vinegar would be sold in a 55-gal. drum, preferably one that is mounted on wheels and equipped with a spray pump to make cleaning drool off ceiling, walls and windows easier.
- Dressing for work takes on a whole new meaning as you learn to dress in the foyer while the dogs are baby-gated on the other side, and still manage to arrive at work with drool in the most embarrassing places.
- Ambient temperature for the house in the winter is adjusted to suit the dog, people can wear sweaters, wool socks, and long johns.
- Your definition of large adjusts upward until you think dogs that weigh 60-70 pounds are small.
- You do not truly appreciate the term explosive diarrhea until a Saint Bernard or Newfoundland has defined it for you at 2:00 a.m. in your bedroom.
- The bathroom is not off limits. If you're in it, the dogs are too.
- Counter-surfing may include the microwave, stove top or the top of the refrigerator.
- Anytime the vet bill comes in under \$300, you think you've gotten a good deal.
- You discover that you can still do the splits when you slip on a puddle of drool.
- You decide that lawn surfing is not your favourite sport and enroll in yet another obedience class.
- You excel at the baby-gate hurdle when the phone is ringing (extra points for doing the splits upon landing).
- You spend hours talking about ways to market drool... it must be good for something!
- You get tired of telling people that no, you don't live in a huge house, and that yes, the dogs do live indoors.
- You realize that you will also need a few "big dog accessories:" (a) a van; (b) a futon for each dog; (c) central air-conditioning; (d) new friends (the old ones will be repulsed by the drool, hair, and the need to put on protective clothing when they visit); (e) a sense of humor; (f) a cottage for those Newfs that do swim, and (g) a strong heart, for they never live long enough for you to learn everything there is to know about life with a Big Guy or Gal.

Send your favourite observations on life with the Biggies to:  
[info@TrinityofHope.on.ca](mailto:info@TrinityofHope.on.ca)