



# The Gentle Giant Guardian

<http://TrinityOfHope.on.ca>  
[info@TrinityofHope.on.ca](mailto:info@TrinityofHope.on.ca)

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April 2004

## The View from the Board

Contributed by Krys Prichard

Since its beginnings, Trinity of Hope Dog Rescue has tried to never lose sight of its commitment, to help one dog at a time and to do the best possible for that one dog. As Trinity of Hope Dog Rescue grows from a grass-roots organization comprised of a handful of like-minded, dog-loving individuals to an entity operating under a federally-incorporated Corporation, it is important for those of us who have been behind Trinity of Hope Dog Rescue not lose sight of why it is we do what we do. The cornerstone belief of the group is firmly in place, to help one dog at a time and to do the best possible for that one dog. Regardless of the number of

people who may sit as volunteers on the Board or serve as volunteers in other capacities, it still takes a lot of time, energy, and yes money, to help each and every dog that crosses our threshold. And that is where THDR's heart is, with the dogs.

We feel that the time is right to grow. We've survived the first five years in rescue with all of our original supporters still involved in our efforts. We established a number of ties within the community and we believe now is the right time for change to take place. We are very excited about the upcoming changes to the fabric of our organization. This newsletter is the first of those

changes. We invite you to join us as we grow.

*This issue's View from the Board was written by Krys Prichard, Board Member, Executive Director and the volunteer who heads up our Dog Placement Program. Next issue, we will introduce you to another Board Member.*

*Trinity of Hope's I Knew You By Heart (Cora) Adopted July 2003.*



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### Penny facts...did you know...

- 162 pennies equal approximately one pound?
- 357 pennies equal approximately one kilogram?
- 47 500 of pennies, laid end-to-end, equal a mile?
- 22 680 pennies equal the average weight of a male Saint Bernard? Trinity of Hope's Pennies4Paws campaign is underway. Our goal is collect 1 million pennies. To learn more, email [info@trinityofhope.on.ca](mailto:info@trinityofhope.on.ca)

## Look at THDR's latest arrivals!

*Trinity of Hope's I'sa Southern Belle (ZaZa)*



*Trinity of Hope's Dark Lady (Kira)*



*Trinity of Hope's As You Like It (Rosalinde)*





## Rainbow Bridge



Trinity of Hope's Molson Canadian. (Molsie)

It is with great sorrow that we mourn the passing of these treasured companions. Much loved in life and held in their families' hearts forever, as they are in ours.



Trinity of Hope's You Belong to Me (Patsy).



Trinity of Hope's Lucky Luc (Lucas)



Trinity of Hope's Commander Rykker. (Rykker)

If tears could build a stairway,  
And memories a lane,  
I'd walk right up to heaven,  
And bring you home again.  
Anon.

## Kelli's Pot O'Gold

*In loving memory of Trinity of Hope's Princess Grace...Kelli, CGC July 26, 1995-October 12, 2003.*

*Your pawprints are forever engraved upon our hearts.*



As Kelli's family, extended family, and friends reminisce about Kelli, it has often been mentioned how she started on her journey to us, in that, she was taken to her veterinarian to be killed because the family no longer wanted her. That veterinarian refused to kill her and undertook to find her a new home instead. Had that veterinarian not felt as he did, we would never have known Kelli's never-ending enthusiasm, her bouncing, her whistling, her joy for life, or the love she taught us. The silence she has left behind in our lives is profound. Each passing day, she is sadly missed.

In Kelli's memory, we have established a special fund, 'Kelli's Pot O' Gold' to assist dogs that are taken in by veterinarians who will

not participate in the killing of a dog because it is more convenient for the owners. We have named this effort "Kelli's Pot O' Gold." To help us honour Kelli, you may make a donation by visiting our website and using PayPal or you may send a cheque made payable to Trinity Of Hope Dog Rescue.

**Kelli's Pot O'Gold  
Trinity of Hope  
Dog Rescue  
P.O. Box 95  
Manotick, ON  
K4M 1A2**



### *I Loved You Best*

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<http://jimwillis0.tripod.com/tiergarten/>

So this is where we part, My Friend,  
and you'll run on, around the bend,  
gone from sight, but not from mind,  
new pleasures there you'll surely find.

I will go on, I'll find the strength,  
life measures quality, not its length.  
One long embrace before you leave,  
share one last look, before I grieve.

There are others, that much is true,  
but they be they, and they aren't you.

And I, fair, impartial, or so I thought,  
will remember well all you've taught.

Your place I'll hold, you will be missed,  
the fur I stroked, the nose I kissed.  
And as you journey to your final rest,  
take with you this...I loved you best.



## Alternative therapies or voodoo?

Contributed by Kathleen Collins

We have heard a lot of people use the words, "alternative therapies." More times than naught, when a dog is diagnosed with a disease or conditions, people start exploring alternative therapies to support traditional therapies. For some, the desire is to lead a more holistic lifestyle, while others are frustrated by the outcomes of traditional

(alopathic) treatment protocols.

Alternative therapies are often combined with a holistic approach to life. The goals are often a cleaner environment, more wholesome foods and exercise. Although each therapy can be used on its own, improving one's over all lifestyle will encourage a healthier

existence.

Three alternative therapies will be summarized in upcoming newsletters: Bach Floral Remedies, Reike and acupuncture. *Should you have any questions about alternative therapies, please contact the author at: animallife-style@hotmail.com or 613-692-4522.*



*Jayke celebrated his 12th Birthday in March. Jayke has been on THDR's Perma-foster program since October, 2002. We cover his veterinary care, food and medication. His family showers him with love.*

## Upcoming Events & Fundraising Activities

**Arnprior Canine Association Dog Show, May 7-9, 2004.**

**Stop by our booth to learn more about our activities and how you can help.**

**Books4Paws**—we resell used books to help support Jayke's care. If you'd like to donate books to help Jayke, either give us a call at 613-725-9218 or email [info@TrinityOfHope.on.ca](mailto:info@TrinityOfHope.on.ca).

**2nd Annual Traveling Yard Sale.** We are in the process of organizing our 2nd annual yard

sale. Now is a great time to clean your cupboards, garage, or barn to donate unwanted treasures to THDR. Contact us to make arrangements to pick up your items or if you'd like to be sent a flyer about the yard sale.

**Pennies4Paws Campaign.** Get your friends, family, co-workers to collect pennies to help us help the dogs. Our goal is to collect 1 million pennies. Contact us if you'd like to start a penny challenge to help us meet this goal or bring your pennies to our booth at the show.



## Thank you!

### Financial contributions:

Coralie Lalonde  
Krista Debertain  
Vikki Crane and Rob Mason  
Funda Gunalson  
Christine Reale  
Stephanie Michelle  
Denise Greenaway  
Heather Brennan  
Joanne and David Patenaude  
Anna and Ron Woodstock  
Helene Bouchard  
The Erups

All those who supported our Christmas Tree of Hope and Have a Heart campaigns.

### In-kind donations:

Acorn Partners for the generous donation of a photocopier;  
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Weinstein LLP for preparing our Letters Patent and CCRA application  
Lisa Hudder for her time to prepare our Letters Patent and CCRA application  
Dr. Andrew Sparling, veterinary care  
Dr. Janice, veterinary care  
Global Pet Food  
Berry's Pet Food  
Micheal for 5 prints [www.MichaelSteddum.com](http://www.MichaelSteddum.com)

## Shine a light on Trinity of Hope's I'sa Southern Belle (ZaZa)

Isabelle traveled to Ontario from Raleigh, North Carolina. While in NC, Isabelle was spayed and treated for heartworm. Since she arrived in Ontario, she has undergone surgery for entropion and had her rear dew claws removed. ZaZa has a soft personality, loves belly rubs, and to lean on you.

She is crate trained, housebroken, knows some basic commands, and has been evaluated with children, cats, and other dogs. She is a lot of fun to train and would make someone a great training buddy. She has a soft mouth when taking treats and really liked it that there was SNOW in

Ontario. She'd leap through the snow and then come running back to her foster mom with a look on her face that said, "it's SNOW!"

To learn more about Isabelle and the other dogs in care, visit: [TrinityOfHope.on.ca/hopes.html](http://TrinityOfHope.on.ca/hopes.html)





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"If not us, then who? If not now, then when? If not this dog, then which dog?" Anon.



We're on the web!  
[Trinityofhope.on.ca.on](http://Trinityofhope.on.ca.on)

## Trinity of Hope Dog Rescue Membership and Donation Form April 2004

Help us help the dogs.

Please check one of the following options **A, B, or C**. Return to:  
**THDR, P.O. Box 95, Manotick, ON K4M 1A2**

A. Yes, I'd like to become a member of THDR.  
 Please send membership information to:

B. No. I do not wish to become a member at this time. Enclosed is my donation to help THDR to continue to help abandoned Saint Bernards, Newfoundlands and other dogs in need:

( ) \$20 ( ) \$50 ( ) \$100 ( ) \$ \_\_\_\_\_

Name:  
 Address:

Please make cheques payable to: Trinity of Hope Dog Rescue. To contribute using PayPal, please visit <http://TrinityofHope.on.ca/>

C. I'd like to help with the following activities(s):  
 \_\_\_\_\_ Fundraising \_\_\_\_\_ Fostering \_\_\_\_\_ Other

Name:  
 Contact information:

## Four 4-Paws Up Recipe

*This month's recipe is from our cookbook, 4 Paws Up*

### INGREDIENTS:

1 c warm beef stock

\*\*\*\*\*

1 c whole wheat flour

1 c rye flour

1 c cracked wheat

1/4 c lowfat powdered milk

1/4 c parmesan cheese

2 tsp garlic powder

\*\*\*\*\*

1-1/2 tsp active dry yeast

### DIRECTIONS:

1. Using the dough cycle of the bread ma-

- chine, place the warm beef stock in the bread pan.
2. Place a piece of waxed paper on countertop. Measure all dry ingredients except the yeast onto the waxed paper. Cut with a bread knife to blend.
3. Pour dry ingredients on top of beef stock in the bread pan.
4. In the center of the dry ingredients, make a small well using a bread knife. Measure the yeast into the well. Start dough cycle.
5. When the bread machine beeps, turn off bread machine, remove bread pan.
6. Turn dough out onto lightly-floured surface.
7. Knead for 2-3 minutes.
8. Roll dough to 1/4" thickness.
9. Cut with cookie cutter and place on a baking sheet sprinkled with cornmeal.
10. Cover with clean dish towel and let rise about 45 minutes.
11. Preheat oven to 325 degrees.
12. Bake for about 45 minutes. Turn off oven and leave overnight to harden. Store in airtight container. Makes about 30 3" dog-bone shaped biscuits.

NOTE: Because there is no sugar or salt in these, the yeast is not activated and the biscuits do not rise like bread.

*Share your favourite doggie recipe with our subscribers. Email your recipe to the Newsletter Editor at [info@TrinityOfHope.on.ca](mailto:info@TrinityOfHope.on.ca).*

The best and most beautiful things in the world cannot be seen or even touched. They must be felt with the heart.  
 --Helen Keller